

NOKIA Irish Downhill Championships - Timetable of Events

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| Friday 22nd July | Track Inspection | 18:00 - 20:00 | On foot access only |
| | Sign On Open | 18:00 - 20:00 | Sign on in Paddock Area |
| Saturday 23rd July | Track Inspection | 8:30 - 9:30 | On foot access only |
| | Sign On Open | 9:00 - 15:00 | Sign on in Paddock Area |
| | Practice (All Categories) | 9:30 - 12:30 | Open Practice with Uplifts* |
| | Practice (All Categories) | 13:00 - 16:00 | Open Practice with Uplifts* |
| | Track Inspection | 16:30 - 17:30 | On foot access only |
| | Dirt Jump Competition | 18:00 - 20:00 | In Paddock Area |
| | Free Barbeque | 18:30 - 20:00 | Limited to first 100 people |
| Sunday 24th July | Through the Roots Premier | 20:00 | In Paddock Area |
| | Sign On Open | 8:30 - 9:30 | Sign on in Paddock Area |
| | Practice (All Categories) | 9:00 - 11:00 | Open Practice with Uplifts* |
| | Seeding Runs | 12:00 | Course Closed for timed seeding. |
| | Nokia Irish DH Championships | 15:00 | Course Closed for Race Runs |
| Championship Presentations | 17:30 | Presentations in Paddock Area | |

*All riders must do a least two practice runs to be able to do your seeding & race run

